

MICHEL TOP



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Release

Michel Top começou a tocar guitarra aos seus 11 anos de idade e aos 15 já era músico profissional e dava aulas de guitarra e violão. Nesse mesmo período Michel Top trabalhou com a banda Tchê Entrevero onde tocava em bailes por todo Rio Grande do Sul. Em 2004 Michel Top começou a trabalhar em seu CD demo instrumental que foi lançado em dezembro de 2004 e logo em seguida foi convidado para integrar na banda Outra Face onde ganhou o Circuito de Rock da Serra Gaúcha que foi realizado pela RBS TV. Em 2005 Michel Top, juntamente com a banda Outra Face, gravou na ACIT Discos quatro músicas de autoria da banda para o CD do Circuito de Rock que foi lançado no mesmo ano. Ainda em 2005, Michel Top entra no Guitar Battle onde no mês de setembro foi o 1º mais votado pelos usuários. Em 2006 Michel Top foi convidado para ser colunista do site Guitar Total e do maior portal de ensino de guitarra online do Brasil, o Mestres da Guitarra. Neste mesmo período Michel Top é convidado para ser endorser das renomadas ESI Audio System e N&D Bags. Em 2007 Michel Top, juntamente com Jota Vox, produziu o CD Guitar Battle #1 que superou todas as expectativas e ficou entre os 32 pré-selecionados no concurso Gibson Contest realizado pela EM&T e Gibson USA. Neste mesmo período Michel Top é convidado para ser endorser da Coscelli Custom Guitars no qual já está no mercado sua guitarra signature e é convidado para ser colunista do site Guitar Clinic que é visto em mais de 90 países do mundo. Ainda em 2007 Michel Top foi convidado para participar do Musica Day Fest que foi realizado em São Paulo e se apresentou na Expomusic 2007. Michel Top atualmente está trabalhando com a Banda H2O e trabalha também como freelancer com diversas bandas.

Programa de 75 horas de estudo

Este book consiste em um programa de 75 horas de estudo. Abaixo segue 75 exercícios separados em diferentes técnicas. Cada um dos exercícios abaixo deve ser treinado durante 1 hora, nada mais, nada menos, pois dessa forma trará resultados satisfatórios. Após o término das 75 horas de estudo, aconselho que refaça por mais 9 vezes, totalizando 750 horas de estudo. É de extrema importância que os exercícios sejam treinados com metrônomo, caso contrário o resultado não será 100% satisfatório. Outro detalhe importante é que você não deve estudar estes exercícios em velocidade muito alta, muito pelo contrário, devem ser treinados devagar a fim de deixar a execução mais precisa possível. Bom estudo, abraço!

Michel Top
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Alternate Picking

Palhetada alternada consiste em palhetar sempre alternando o sentido, ou seja, uma para baixo e uma para cima. Abaixo segue alguns exercícios para o treino dessa técnica. Cuidado com o sentido da palhetada, em todos os exemplos consta o sentido em que você deve palhetar cada nota.

Exercício 01:



Exercício 01: Musical notation in 4/4 time. The first staff shows a treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The melody consists of two measures. The first measure contains a sequence of eighth notes: F#4, G4, A4, B4, C5, B4, A4, G4, F#4. The second measure contains a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4, F#4, followed by a quarter note G4 with a fermata. The second staff is a guitar TAB with six lines. The first four lines are used for the melody. The fret numbers are: 1-2-3-4, 1-2-3-4, 1-2-3-4, 1-2-3-4, 1-2-3-4, 1-2-3-4. The picking direction is indicated by 'V' (down) and '^' (up) symbols below the notes.

Exercício 02: esse exercício deve ser treinado com os dedos 1 e 2.



Exercício 02: Musical notation in 4/4 time. The first staff shows a treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The melody consists of two measures. The first measure contains a sequence of eighth notes: F#4, G4, A4, B4, C5, B4, A4, G4. The second measure contains a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4, followed by a quarter note G4 with a fermata. The second staff is a guitar TAB with six lines. The first four lines are used for the melody. The fret numbers are: 1-2, 1-2, 1-2, 1-2, 1-2, 1-2. The picking direction is indicated by 'V' (down) and '^' (up) symbols below the notes.

Exercício 03: esse exercício deve ser treinado com os dedos 2 e 3.



Exercício 03: Musical notation in 4/4 time. The first staff shows a treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The melody consists of two measures. The first measure contains a sequence of eighth notes: F#4, G4, A4, B4, C5, B4, A4, G4. The second measure contains a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4, followed by a quarter note G4 with a fermata. The second staff is a guitar TAB with six lines. The first four lines are used for the melody. The fret numbers are: 2-3, 2-3, 2-3, 2-3, 2-3, 2-3. The picking direction is indicated by 'V' (down) and '^' (up) symbols below the notes.

Exercício 04: esse exercício deve ser treinado com os dedos 3 e 4.

1 2

T
A
B

3-4 3-4 3-4 3-4 3-4 3-4

▣ V ▣ V ▣ V ▣ V ▣ V ▣ V

Exercício 05: esse exercício deve ser treinado com os dedos 1 e 3.

1 2

T
A
B

1-3 1-3 1-3 1-3 1-3 1-3

▣ V ▣ V ▣ V ▣ V ▣ V ▣ V

Exercício 06: esse exercício deve ser treinado com os dedos 2 e 4.

1 2

T
A
B

2-4 2-4 2-4 2-4 2-4 2-4

▣ V ▣ V ▣ V ▣ V ▣ V ▣ V

Exercício 10:

Exercise 10 is a musical exercise in 4/4 time. The top staff shows a treble clef with a red '1' above the first measure. The melody consists of eighth notes: G4, A4, B4, C5, G4, A4, B4, C5, G4, A4, B4, C5, G4, A4, B4, C5. The bottom staff is a guitar tab with fret numbers: 5-7, 5-6-8-6-5, 7-5-7, 5-6-8-6-5, 7. The letters T, A, and B are stacked vertically on the left side of the tab.

▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V

Exercício 11:

Exercise 11 is a musical exercise in 4/4 time. The top staff shows a treble clef with a red '1' above the first measure. The melody consists of eighth notes: G4, A4, B4, C5, G4, A4, B4, C5, G4, A4, B4, C5, G4, A4, B4, C5. The bottom staff is a guitar tab with fret numbers: 12-12-13-12-12-15-12-12-13-12-12-15. The letters T, A, and B are stacked vertically on the left side of the tab.

▣ V ▣ V ▣ V ▣ V ▣ V ▣ V

Bends

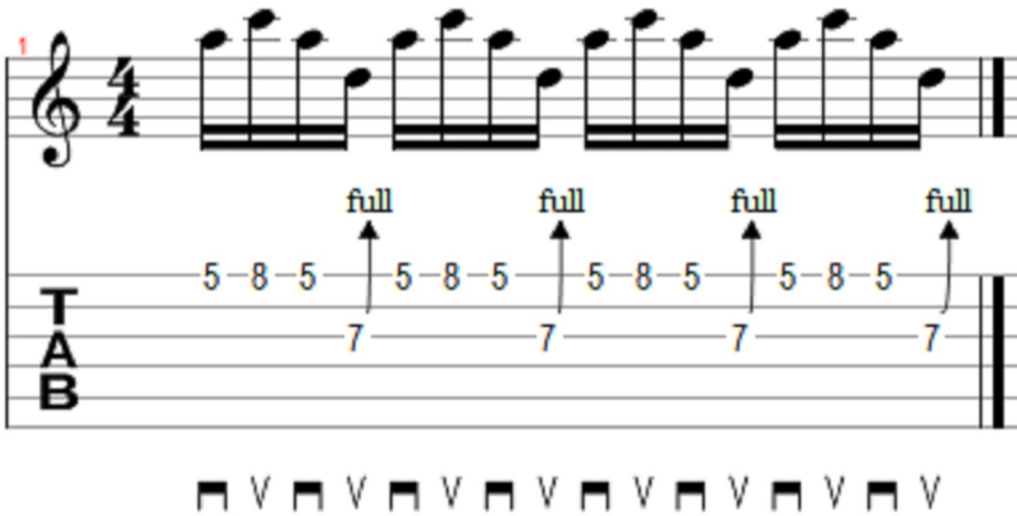
Bend é uma técnica muito interessante mas requer bastante atenção. Costumo falar que melhor um solo sem bend do que um solo com bends desafinados. Abaixo seguem alguns licks e exercícios utilizando essa técnica e devem ser treinados com bastante atenção para conseguir um resultado satisfatório.

Exercício 12:



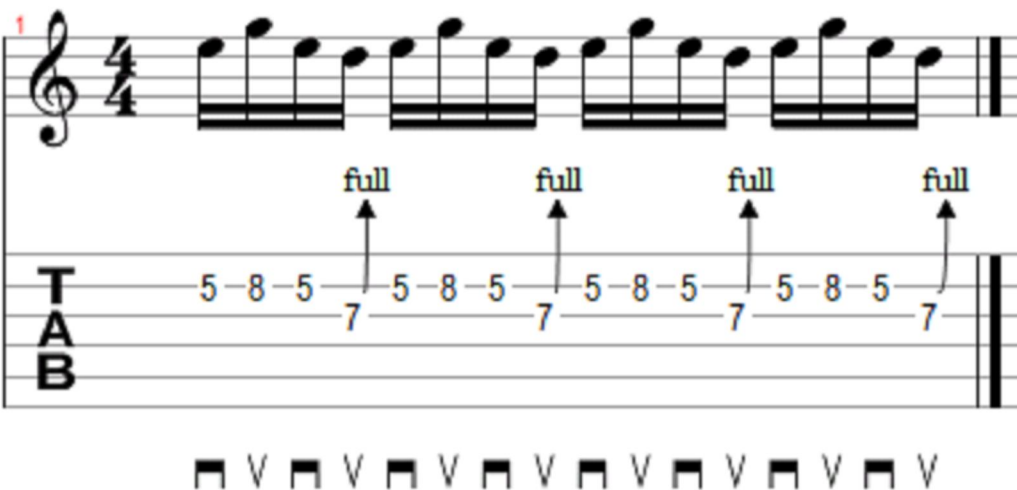
Exercise 12 is a musical exercise in 4/4 time. It consists of a treble clef staff with a key signature of one sharp (F#) and a 4/4 time signature. The melody is a sequence of eighth notes: F#4, G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4. Below the staff is a guitar tablature (TAB) with six lines. The notes are represented by fret numbers: 5, 8, 5, 8, 5, 8, 5, 8, 5, 8, 5, 8, 5, 8, 5, 8. Above the TAB, there are four upward-pointing arrows, each labeled "full", indicating a full strum on the eighth notes at frets 8, 8, 8, and 8. Below the TAB is a rhythmic notation consisting of 16 vertical strokes, alternating between a square symbol (representing a downstroke) and a 'V' symbol (representing an upstroke), in a 1:1 ratio.

Exercício 13:



Exercise 13 is a musical exercise in 4/4 time. It consists of a treble clef staff with a key signature of one sharp (F#) and a 4/4 time signature. The melody is a sequence of eighth notes: F#4, G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4. Below the staff is a guitar tablature (TAB) with six lines. The notes are represented by fret numbers: 5, 8, 5, 7, 5, 8, 5, 7, 5, 8, 5, 7, 5, 8, 5, 7. Above the TAB, there are four upward-pointing arrows, each labeled "full", indicating a full strum on the eighth notes at frets 7, 7, 7, and 7. Below the TAB is a rhythmic notation consisting of 16 vertical strokes, alternating between a square symbol (representing a downstroke) and a 'V' symbol (representing an upstroke), in a 1:1 ratio.

Exercício 14:



Exercise 14 is a musical exercise in 4/4 time. It consists of a treble clef staff with a key signature of one sharp (F#) and a 4/4 time signature. The melody is a sequence of eighth notes: F#4, G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4. Below the staff is a guitar tablature (TAB) with six lines. The notes are represented by fret numbers: 5, 8, 5, 7, 5, 8, 5, 7, 5, 8, 5, 7, 5, 8, 5, 7. Above the TAB, there are four upward-pointing arrows, each labeled "full", indicating a full strum on the eighth notes at frets 7, 7, 7, and 7. Below the TAB is a rhythmic notation consisting of 16 vertical strokes, alternating between a square symbol (representing a downstroke) and a 'V' symbol (representing an upstroke), in a 1:1 ratio.

Exercício 15:

Exercise 15 is a 4/4 time signature piece. The top staff shows a melodic line with four measures of eighth-note pairs beamed together, each pair followed by a slur. The bottom staff is a guitar TAB with four measures. Each measure contains a sequence of notes: 5-8-5, followed by a 'full' bend on the 7th fret, then 5-8-5, followed by another 'full' bend on the 7th fret. The notes are beamed in pairs. Below the TAB, there are four pairs of square fret markers, each pair preceded by a 'V' symbol, indicating the timing of the bends.

Exercício 16: esse exemplo requer bastante atenção. Deve-se tocar as 2 notas juntas e fazer Bend apenas na 2ª corda, cuidado com a afinação do bend, as 2 notas devem soar juntas.

Exercise 16 is a 4/4 time signature piece. The top staff shows a melodic line with four measures of eighth-note pairs beamed together, each pair followed by a slur. The bottom staff is a guitar TAB with four measures. Each measure contains a sequence of notes: 5-8, followed by a 'full' bend on the 8th fret, then 5-8, followed by another 'full' bend on the 8th fret. The notes are beamed in pairs. Below the TAB, there is a single square fret marker followed by a dashed line, indicating the timing of the bends.

Exercício 17: esse exercício segue o mesmo padrão do exercício acima.

Exercise 17 is a 4/4 time signature piece. The top staff shows a melodic line with four measures of eighth-note pairs beamed together, each pair followed by a slur. The bottom staff is a guitar TAB with four measures. Each measure contains a sequence of notes: 5-8, followed by a 'full' bend on the 8th fret, then 7-10, followed by a 'full' bend on the 10th fret, then 8-11, followed by a 'full' bend on the 11th fret, and finally 10-13, followed by a 'full' bend on the 13th fret. The notes are beamed in pairs. Below the TAB, there is a single square fret marker followed by a dashed line, indicating the timing of the bends.

Exercício 18: esse exercício segue o mesmo padrão do exercício acima e deve ser treinado com os dedos 3 (na corda 2) e 4 (na corda 1). O Bend deve ser feito apenas na corda 2 e a corda 1 deve permanecer normal, sem fazer o bend. As duas notas devem soar juntas.

Exercício 19: esse lick é bastante usado em rock, cuidado com o sentido da palhetada.

Dobling

Essa técnica consiste em tocar 2 vezes em cada nota. Para ter um bom resultado, treine os exercícios abaixo com bastante calma e atenção, sempre cuidando o sentido da palhetada.

Exercício 20:

Exercício 21:



Exercise 21 consists of a single measure in 4/4 time. The treble clef staff shows a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4. The bass clef staff shows the corresponding fret numbers: 5, 5, 8, 8, 5, 5, 8, 8. Below the staff, the picking pattern is indicated as: \square V \square V \square V \square V.

Exercício 22:



Exercise 22 consists of two measures in 4/4 time. The first measure contains the notes G4, A4, B4, C5, B4, A4, G4 with fret numbers 5, 5, 7, 7, 5, 5, 6, 6. The second measure contains the notes G4, A4, B4, C5, B4, A4, G4 with fret numbers 8, 8, 6, 6, 5, 5, 7, 7. The picking pattern is indicated as: \square V \square V \square V V \square V \square V \square V \square V.

Exercício 23:



Exercise 23 consists of a single measure in 4/4 time. The treble clef staff shows a sequence of eighth notes: G#4, A4, B4, C5, B4, A4, G#4. The bass clef staff shows the corresponding fret numbers: 6, 6, 5, 5, 8, 8, 6, 6. Below the staff, the picking pattern is indicated as: \square V \square V \square V \square V.

Exercício 24:



Exercício 24: Musical score in 4/4 time. The top staff is a treble clef with a melody consisting of quarter notes: G4, A4, B4, C5, D5, E5, F5, G5. The bottom staff is a guitar TAB with fret numbers: 7-7-9-9-8-8-7-7-10-10-7-7-8-8-9-9. Rhythmic notation below the TAB consists of two measures of eighth notes: ♩ V ♩ V ♩ V ♩ V and ♩ V ♩ V ♩ V ♩ V.

Exercícios Motores

Abaixo seguem alguns exercícios motores, ou seja, exercícios que ajudam a melhorar a sua coordenação motora. Cuidado com o sentido da palhetada e treine com bastante atenção.

Exercício 25:



Exercício 25: Musical score in 4/4 time. The top staff is a treble clef with a melody consisting of quarter notes: G#4, A4, B4, C5, D5, E5, F5, G5. The bottom staff is a guitar TAB with fret numbers: 6-7-5-8-6-7-5-8-6-7-5-8-6-7-5-8-6-7-5-8-6-7-5-8. Rhythmic notation below the TAB consists of two measures of eighth notes: ♩ V ♩ V ♩ V ♩ V ♩ V ♩ V and ♩ V ♩ V ♩ V ♩ V.

Exercício 26:



Exercício 26: Musical score in 4/4 time. The top staff is a treble clef with a melody consisting of quarter notes: G#4, A4, B4, C5, D5, E5, F5, G5. The bottom staff is a guitar TAB with fret numbers: 6-8-5-7-6-5-8-7-6-5-8-7-6-5-7-6-8-5-7-6-8-5-7-6-8-5-7. Rhythmic notation below the TAB consists of two measures of eighth notes: V ♩ V ♩ V ♩ V ♩ V ♩ V and V ♩ V ♩.

Exercício 27:

1

5-8-7-8-6-8-7-8-5-8-7-8-6-8-7-8

TAB

▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V

Exercício 28:

1

7-8-5-6 7-8-5-6 7-8-5-6 7-8-5-6 7-8-5-6 7-8-5-6

TAB

▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V

Exercício 29:

1

1-2-3-4 2-3-4-1 3-4-1-2 4-1-2-3 1-2-3-4 2-3-4-1-4-5-2-3 5-2-3-4

TAB

▣ V ▣ V

3

2-3-4-5 3-4-5-2 4-5-2-3 5-2-3-4

▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V ▣ V

Ligados

Abaixo seguem alguns exercícios com ligados, ou seja, hammer-on e pull-off. Treine com concentração e cuidado com o sentido da palhetada e ligados.

Exercício 30:



Exercise 30 is a musical exercise in 4/4 time. The first staff is a treble clef with a key signature of one sharp (F#). The piece is divided into two measures. The first measure contains four eighth notes: G4, A4, B4, and C5. The second measure contains two eighth notes: D5 and E5, followed by a quarter rest. The notation includes triplets and slurs. The second staff is a guitar TAB with six lines. The first measure contains fret numbers 3-5-7, 3-5-7, 4-5-7, and 4-5-7. The second measure contains 5-7-8 and 5-7-8. Below the TAB are six square symbols representing pick strokes.

Exercício 31:



Exercise 31 is a musical exercise in 4/4 time. The first staff is a treble clef with a key signature of one sharp (F#). The piece is divided into two measures. The first measure contains a sequence of eighth notes: G4, A4, B4, C5, D5, E5, F#5, G5. The second measure contains a sequence of eighth notes: A5, B5, C6, D6, E6, F#6, G6. The notation includes slurs and accents. The second staff is a guitar TAB with six lines. The first measure contains fret numbers 1-3-2-4, 1-3-2-4, 1-3-2-4, and 1-3-2-4. The second measure contains 1-3-2-4 and 1-3-2-4. Below the TAB are six square symbols representing pick strokes, with 'V' symbols indicating vibrato.

Exercício 32:



Exercise 32 is a musical exercise in 4/4 time. The first staff is a treble clef with a key signature of one sharp (F#). The piece is divided into four measures. Each measure contains a triplet of eighth notes: G4, A4, B4. The notation includes slurs and accents. The second staff is a guitar TAB with six lines. Each measure contains fret numbers 10-7-7. Below the TAB are six square symbols representing pick strokes, with 'V' symbols indicating vibrato.

Exercício 33:

1

4/4

9-7 7 9-7 7 9-7 7 9-7 7

T
A
B

▣ V ▣ V ▣ V ▣ V

Exercício 34:

1

4/4

8-7 7 8-7 7 8-7 7 8-7 7

T
A
B

▣ V ▣ V ▣ V ▣ V

Exercício 35:

1

4/4

8-5 8-5 8-5 8-5 8-5 8-5

T
A
B

V V V V V V

Exercício 36:



Exercise 36 is a musical exercise in 4/4 time, starting with a first finger (1) on the treble clef. The notation consists of two staves. The top staff shows a melodic line with eighth notes and slurs. The bottom staff is a guitar TAB with fret numbers 7-5, 7-5, 7-5, 7-5, 7-5, and 7-5. Below the TAB are six vertical bars labeled 'V', indicating vibrato for each note.

Exercício 37:



Exercise 37 is a musical exercise in 4/4 time, starting with a first finger (1) on the treble clef. The notation consists of two staves. The top staff shows a melodic line with eighth notes and slurs. The bottom staff is a guitar TAB with fret numbers 6-5, 6-5, 6-5, 6-5, 6-5, and 6-5. Below the TAB are six vertical bars labeled 'V', indicating vibrato for each note.

Exercício 38:



Exercise 38 is a musical exercise in 4/4 time, starting with a first finger (1) on the treble clef. The notation consists of two staves. The top staff shows a melodic line with eighth notes and slurs. The bottom staff is a guitar TAB with fret numbers 6-5, 6-5, 6-5, 6-5, 6-5, 6-5, 6-5, 6-5, 6-5, and 6-5. Below the TAB are eight vertical bars labeled with a square symbol, indicating a specific technique for each note.

Exercício 39:

Exercise 39 is a guitar exercise in 4/4 time. The notation consists of a treble clef staff and a TAB staff. The treble staff shows a sequence of eighth notes with slurs, starting on the first string (F4) and moving up to the fourth string (B4). The TAB staff shows the fret numbers: 7-5-7-5-7-5-7-5-7-5-7-5-7-5. Below the TAB staff, there are eight square symbols representing fretted notes on the strings.

Exercício 40:

Exercise 40 is a guitar exercise in 4/4 time. The notation consists of a treble clef staff and a TAB staff. The treble staff shows a sequence of eighth notes with slurs, starting on the second string (B3) and moving up to the fifth string (B4). The TAB staff shows the fret numbers: 8-5-8-5-8-5-8-5-8-5-8-5-8-5. Below the TAB staff, there are eight square symbols representing fretted notes on the strings.

Exercício 41:

Exercise 41 is a guitar exercise in 4/4 time. The notation consists of a treble clef staff and a TAB staff. The treble staff shows a sequence of eighth notes with slurs, starting on the second string (B3) and moving up to the fifth string (B4). The TAB staff shows the fret numbers: 6-5-6-5-6-5-6-5-6-5-6-5-6-5. Below the TAB staff, there is one square symbol representing a fretted note on the string.

Exercício 42:

Musical notation for Exercise 42 in 4/4 time. The top staff is a treble clef with a melody of quarter notes: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6. The bottom staff is a guitar tablature with fret numbers: 7-5-7-5-7-5-7-5-7-5-7-5-7-5. A small square icon is centered below the staff.

Exercício 43:

Musical notation for Exercise 43 in 4/4 time. The top staff is a treble clef with a melody of quarter notes: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6. The bottom staff is a guitar tablature with fret numbers: 8-5-8-5-8-5-8-5-8-5-8-5-8-5. A small square icon is centered below the staff.

Pattern

Os exemplos abaixo seguem sempre um mesmo padrão (pattern). Os padrões são bastante importantes para que tenhamos maior velocidade em uma improvisação pois mantém sempre o mesmo padrão, facilitando na hora de tocar rápido.

Exercício 44:

Musical notation for Exercise 44 in 4/4 time. The top staff shows two measures of eighth notes. Measure 1 contains four eighth notes with a '6' above each, and four eighth notes with a '6' above each. Measure 2 contains four eighth notes with a '6' above each, four eighth notes with a '6' above each, and a quarter note with a '6' above it. A '2' is written above the start of the second measure. The bottom staff is a guitar tablature with fret numbers: 5-8-5-8-8, 5-7-5-7-5-7, 5-7-5-7-7, 5-7-5-7-7, 5-8-5-8, 5-8. Below the tablature are 20 square icons: 14 'v' shapes and 6 empty squares. A small square icon is centered below the tablature.

Exercício 45:

1

TAB

7 3 5 7 5 3 7 3 5 7 5 3 7 4 5 7 5 4 7 4 5 7 5 4

m m m m

2

Etc...

TAB

8 5 7 8 7 5 8 5 7 8 7 5 8 5 7 8 7 5 7 4 5 7 5 4

m m V V

Exercício 46:

1

TAB

5 8 5 7 5 7 5 7 5 7 5 7 5 7 5 8 5 7 5 8 5 7

m V m V m V m V m V m V m V m V m V m V

Exercício 47:

1

2

TAB

3 5 7 3 5 7 4 5 7 3 5 7 4 5 7 4 5 7 4 5 7 4 5 7 5 7 8 4 5 7 5 7 8 5 7 8

m m m m m m m m m m m m m m m

Rhythm Guitar

Os exercícios abaixo devem ser treinados com metrônomo e deve-se ter bastante cuidado com o sentido da palhetada.

Exercício 48:

Exercise 48 consists of a musical staff in 4/4 time and a corresponding guitar tablature. The musical staff shows a sequence of eight eighth notes, starting on the first line (E4) and ascending stepwise to the second space (F4). The tablature below shows the fret numbers for each note: 3-3-3-3-3-3-3-3. A dashed line with a square head at the beginning and a vertical bar at the end indicates the duration of the exercise, which is 4 measures.

Exercício 49:

Exercise 49 consists of a musical staff in 4/4 time and a corresponding guitar tablature. The musical staff shows a sequence of eighth notes in groups of three, starting on the first line (E4) and ascending stepwise to the second space (F4). Each group of three notes is beamed together and has a '3' above it, indicating a triplet. The tablature below shows the fret numbers for each note: 3-3-5-3-3-5-3-3-5-3-3-5. A dashed line with a square head at the beginning and a vertical bar at the end indicates the duration of the exercise, which is 4 measures.

Exercício 50:

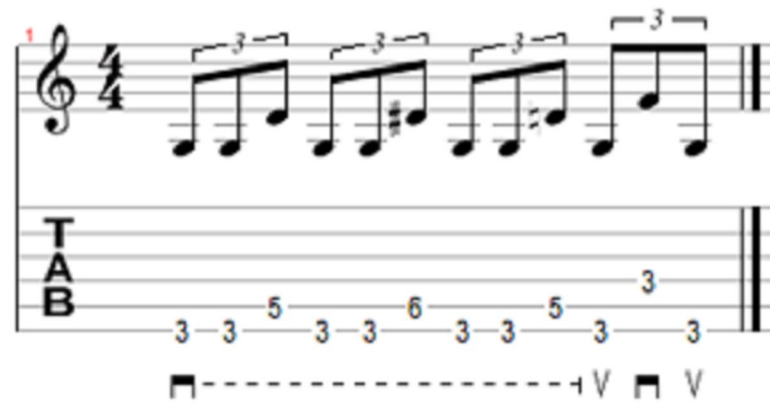
Exercise 50 consists of a musical staff in 4/4 time and a corresponding guitar tablature. The musical staff shows a sequence of eighth notes in groups of three, starting on the first line (E4) and ascending stepwise to the second space (F4). Each group of three notes is beamed together and has a '3' above it, indicating a triplet. The notes include sharps for the second and fourth notes of each triplet. The tablature below shows the fret numbers for each note: 3-3-5-3-3-6-3-3-5-3-3-6. A dashed line with a square head at the beginning and a vertical bar at the end indicates the duration of the exercise, which is 4 measures.

Exercício 51:



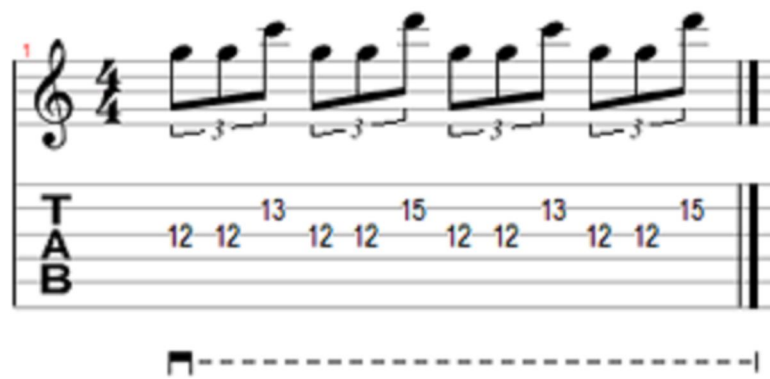
Exercise 51 consists of a musical staff in 4/4 time and a corresponding guitar TAB. The musical staff shows a sequence of four eighth-note triplets. The first triplet is G4-A4-B4, the second is G4-A4-B4, the third is G4-A4-B4, and the fourth is G4-A4-B4. The TAB below shows the fret numbers: 3-3-5, 3-3-6, 3-3-5, and 3-3-3. A dashed line with a square at the start and end indicates the duration of the exercise.

Exercício 52:



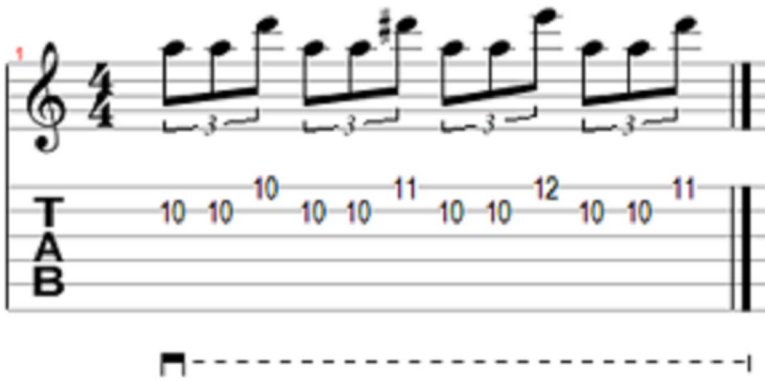
Exercise 52 consists of a musical staff in 4/4 time and a corresponding guitar TAB. The musical staff shows a sequence of four eighth-note triplets. The first triplet is G4-A4-B4, the second is G4-A4-B4, the third is G4-A4-B4, and the fourth is G4-A4-B4. The TAB below shows the fret numbers: 3-3-5, 3-3-6, 3-3-5, and 3-3-3. A dashed line with a square at the start and end indicates the duration of the exercise.

Exercício 53:



Exercise 53 consists of a musical staff in 4/4 time and a corresponding guitar TAB. The musical staff shows a sequence of four eighth-note triplets. The first triplet is G4-A4-B4, the second is G4-A4-B4, the third is G4-A4-B4, and the fourth is G4-A4-B4. The TAB below shows the fret numbers: 12-12-13, 12-12-15, 12-12-13, and 12-12-15. A dashed line with a square at the start and end indicates the duration of the exercise.

Exercício 54:



Exercise 54 is a musical exercise in 4/4 time. The notation consists of a treble clef staff and a guitar tablature staff. The treble staff shows a sequence of eighth notes: G4, A4, B4, C5, G4, A4, B4, C5, G4, A4, B4, C5. The first measure contains the first three notes, and the second measure contains the last three. Each pair of notes in a measure is beamed together and has a '3' underneath, indicating a triplet. The tablature staff shows the corresponding fret numbers: 10, 10, 10, 10, 10, 11, 10, 10, 12, 10, 10, 11. A dashed line with a square at the start and a vertical bar at the end is positioned below the tablature staff.

Exercício 55:



Exercise 55 is a musical exercise in 4/4 time. The notation consists of a treble clef staff and a guitar tablature staff. The treble staff shows a sequence of eighth notes: G4, G4, G4, G4, G4, G4, G4, G4. The first measure contains the first four notes, and the second measure contains the last four. Each pair of notes in a measure is beamed together and has a 'P.M.' underneath, indicating palm muting. The tablature staff shows the corresponding fret numbers: 5, 5, 5, 5, 5, 5, 5, 5. A dashed line with a square at the start and a vertical bar at the end is positioned below the tablature staff.

Exercício 56:



Exercise 56 is a musical exercise in 4/4 time. The notation consists of a treble clef staff and a guitar tablature staff. The treble staff shows a sequence of eighth notes: G4, A4, B4, C5, G4, A4, B4, C5. The first measure contains the first four notes, and the second measure contains the last four. Each pair of notes in a measure is beamed together and has a 'P.M.' underneath, indicating palm muting. The tablature staff shows the corresponding fret numbers: 5, 3, 3, 3, 5, 3, 3, 3. A dashed line with a square at the start and a vertical bar at the end is positioned below the tablature staff.

Exercício 57:

1

4/4

P.M. ----| P.M. ----|

T
A
B

5 3 3 3 6 3 3 3

-----|

Slide

A técnica de Slide é bastante interessante, porém, exige bastante cuidado para ser executada no seu tempo correto. Treine os exercícios abaixo sempre com metrônomo a fim de corrigir a sua execução.

Exercício 58:

1

4/4

T
A
B

6-8 5-6-8 5-7-8-10-8-7-5 8-6-5 8

□ V □ V □ --| V □ V □ V □ V ----|

Exercício 59:

1

4/4

T
A
B

6-8 5-6-8 5-7-8-10 8 9-11 8-10-11

□ V □ V □ --| V □ □ V □ --| V □

Exercício 60:

1 2

8-10 8-9-11 8-10-11-13-11-10 13-11 13-12-10 8

□ V □ V □ - - | V □ V □ V □ V □ V

Exercício 61:

1 6 6 6 6 6 6 6

8 5-7-8-10 7-9-10 8-10-8 10-9-7 10-8-7 5 8

□ - - | V □ □ V □ - - | V □ V □ V - - | □ V □

Exercício 62:

1 2

8-10-11-13 10-11-13-15 13-11-10 13-11-10-9

□ V □ V □ V □ V □ V □ V

Exercício 63:

1 2 3

T
A
B

10 12 14 10 12 10 12 13 15 12 13 15 13 12 15 13 12 10 12 10 14 12 10

□ V □ -- → V □ V □ □ V □ V □ V □ V □ V □ V □ V □ V □

Exercício 64:

1 2 3

T
A
B

5 7 4 5 7 5 7 8 5 7 8 10 8 7 10 8 7 5 7 5 4 7 5 4

□ V □ V □ -- → V □ ----- → V □ V □ V □ V □ V □ V -- → V □ V

String Skipping

Essa técnica consiste em salto de cordas. Os exemplos abaixo devem ser treinados devagar até adquirir uma boa fluência.

Exercício 65:

1

T
A
B

5 8 5 7 5 7 5 7 5 8 5 7 5 8

□ V □ V □ V □ V □ V □ V □ V □ V □ V

Exercício 72:

1

2

T
A
B

5-8 7 5-7 6 5-8-5 6 7-5 7 8 5

▣ V ▣--IV ▣--IV ▣ V--I ▣ V--IV ▣

Exercício 73:

1

T
A
B

8 7-10 9 7-9 8 7-10-7 8 9-7 9 10-7

▣--IV ▣--IV ▣--IV ▣ V--I ▣ V--I ▣

Exercício 74:

1

T
A
B

11-12-14 11-12 14

▣ V ▣--IV--IV--IV

